



Roskill Swim

NEWS AND REVIEWS

WWW.SWIMROSKILL.CO.NZ

ISSUE 1 2015

HAVE YOU
SEEN OUR
CLUB
BLOG?

Check our
club website
for reports
and updates
during events
and meets.

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Swimmer Success—NZSS 2015

Congratulations to the team
who qualified for

**New Zealand Short Course
2015.**

Roskill Swim sent a team of 9
swimmers to this National
event held at the new

Sir Owen G Glenn National
Aquatic Centre from 11th—
15th August.

All swimmers performed well
with everyone achieving PBs
and many finishing in the top10
in their age groups.

Well done!

Statistics:

9	Swimmers
28	Individual Entries
2	Coaches
208	club points

Highlights:



Silver Medals:

Lucy Makaea -50 Fly
Flynn Oberdries -15/under
Auckland Relay

Bronze Medal:

Lucy Makaea -100 Free



Upcoming Events

NZ Secondary Schools

Level 3

Level 2

Level 1

End of season Break

Bethells Camp

Level 3

Level 1

Level 2

Club Night *more info on P2

11-13 September

19 September

20 September

26 September

27- September-6 October

7-10 October

10 October

17 October

18 October

19 October



Roskill Rebels ASL Team 2015

ASL 2015—ROSKILL REBELS

The Roskill Rebels ASL team has been going well. The team is starting to glue together as swimmers get to know each other.

We have 3 swims left to go; 5th September, 12th September with the last session

of this series on the 26th September. Lets keep up the fast swimming.

**GOOD LUCK
ROSKILL REBELS**

Looking Back...

Greerton 2015

The 2015/16 season started with a team of 16 swimmers heading to Tauranga to attend the Greerton Winter Champs.

This was followed by a training camp to prepare swimmers for the new season. Activities included swim training every day along with a few fun activities - a walk to the top of Mt Maunganui, ice creams afterwards as well as a trip to the movies.

On the return trip to Auckland the team stopped at Hamilton to do a training session with the Junior swimmers who were attending the Hamilton Winter Meet 2015.



*"There is water in
every lane, so it is
OK."*

*Ian Thorpe
(on being in Lane
5 for a final).*

Committee Corner

Coming soon.... Club Race Night

Monday 19th October 6.30-7.30pm.

We haven't held one of these for a very long time and we want to get our whole club together again for an hour of fun in the pool. This will replace the usual training for evening multi and competitive squads that night. Note earlier start time for our multi squad of 6.30pm that

night. We want to see all of our swimmers there ... this is a club event and all members are invited to come along and join in. Parents will be asked to help on pool deck as time-keepers ... always a good way to get to know other swimming families. Get involved – this will be a fun night!



Upcoming Fundraiser ...

This will be something a bit different! And yummy! More details to be sent out soon (hopefully next week). The club is providing this opportunity for you to fundraise and get the direct benefits of your efforts - all fundraising goes to your swimmer's account, not into a general account.

We encourage all members to get behind this easy fundraising opportunity.

Coaches Report—Josh

Firstly I would like to say well done to the Springs team - awesome effort for a lot of first timers at that level.

Also would like to say great job to everyone for the winter season (short course season). It was short and sweet but a lot of good short course PBs by all and some great camps with a lot of new friends made.

So now it's time to get ready for the summer season (long course) ahead of us. To start

our summer season we have a team camp at Bethells Beach, be prepared for some hard work and team building. Then after that we are looking at going on a road trip, more details on that later.

Don't forget to make yourself accustomed to the new Team Customs. This is on the white board so easy to find! Plus make sure you keep checking the new notice board upstairs for up-dates on what's going on.

Just focus on yourself
Don't let others tell
you who you are and
what you can
achieve.

Keep up the good work team.

Josh Munro
Director of Coaching

*"You can't
put a limit on
anything. The
more you
dream, the
farther you
get".
Michael
Phelps*

Coaches Report—Zane

Our Junior Team is progressing in speed with Savannah, Kaiya and Chris moving up to train with the Seniors. We have also had level two qualifications from Ryan Martin, Alex Dunkley, Ryan Zhuang, Donia Rahimi and Bee Townsend.

Our previous camp at Hamilton this winter was a success and all

swimmers endured the accommodation and acquired some solid PBs.

I encourage all competitive Juniors to attend our camp at Bethells to plan their season, get to know the team, do a bit of training and have fun. So far there are around 18/24 spots taken and numbers will need to

be finalised. We don't have a lot of opportunities to sit down and map out our pathways so this is a great opportunity to do so.

Lastly please remember attendance is integral to your child's progression in the pool. Training is Mon-Fri 4-5:15pm and Sat 7-8am.

Zane Rademaker

"Every picture tells a story.."



Roskill Seniors—Tauranga—July 2015



Harcourts Lifeguard of the Year—Zane Rademaker—July 2015

ROSKILL SWIM UNIFORM

Orders and inquiries : Dawn-Lee Oberdries dawnlee.oberdries@gmail.com
To be worn with own black shorts - Cost includes printing of logos front and back

Orders need to be in by 13th Sept. Please pay at time of ordering to:
Roskill Swimming Club bank account: 06-0177-0108914-00 ref Surname/Uniform

Club Uniform



ESSENTIAL FOR GIRLS-
MALIBlack Tshirt-\$37.50

	XS	S	M	L	XL
BODY WIDTH	43	45.5	48	50.5	53
BODY LENGTH	69.5	71	73.5	75.5	77.5



ESSENTIAL FOR BOYS
PAPERWhite TShirt- \$35.50

	S	M	L	XL	2XL
BODY WIDTH	46	50	54	58	62
BODY LENGTH	71	74	77	80	83



OPTIONAL FOR GIRLS
STELLA White long sleeve T \$39.50

	XS	S	M	L	XL
BODY WIDTH	43.5	46	48.5	51	53.5
BODY LENGTH	64	65.5	67	68.5	70



OPTIONAL FOR BOYS
TYPOContrast Singlet- \$33.50

	XS	S	M	L	XL
BODY WIDTH	46	49	52	55	58
BODY LENGTH	76	78.5	81	83.5	86

IF
it doesn't
CHALLENGE
YOU
it doesn't
CHANGE
YOU.
SWIM
HARDER.



**Roskill Amateur Swimming and Life
Saving Club (Inc)**

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Club Contacts:

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Committee Members:

Mike Oberdries—President
De-Anne Sills—Secretary
Danielle Brown—Treasurer
Kim Munro—Swim Meet Entries (Handicapper)
Jacque Martin
Terry Sassman
Shwetha Arun