



# Roskill News

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ISSUE 1 2016

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## Congratulations

Congratulations to Dawn-Lee Oberdries on becoming a qualified Starter for Auckland Swimming. Thank you Dawn-Lee for your commitment to Roskill and Auckland Swimming – we appreciate your dedication and energy.



## In brief

### MIGHTY MAKAEA

One of the region's youngest lifeguards had a day to remember this month. Lucy Makaea competed in the Northern Region Representative Challenge at Mt Maunganui on Auckland Anniversary Day and came away with a fistful of medals. The year 11 Avondale College student competed in the beach flags where she took first, came second in the diamond race, second in the beach relay and third in the under-19 board race. She also just missed out on third place in the tube rescue. Lucy is over the moon with her success. "I just tried to have a clear, positive mind, not thinking about what the competitors were doing," she says.

## Upcoming Meets

NZ Opens	28 March—1 April
Junior Northern Zone	9 April
NZ Age Groups	18-22 April
Level 3	7 May
Level 1	21 May
Level 2	22 May



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## 2015 Auckland Juniors

We had a team of 9 Swimmers at this years Auckland Juniors. We got a lot of fourth places, with swimmers just missing out on medals, but we did collect the following medals:

Noah Makaea—Silver in the 11yrs old 50 Breast

Jesse Tu'inukuafe—Bronze in the 12yrs old 50 Free

We also had Noah, Andrew, Alex and Vienna making New Zealand Juniors times, and Jesse qualifying for Level 1. There were a lot of PBs by all swimmers which was great as it was the first time most of the team had swam at this level. Well done team!

## 2015 Auckland Harbour Crossing

On Saturday 12th December a team of Roskill swimmers got up early and met at Cameron Pools at 6am ready for their journey over to Quinton Park in Bayswater for the start of the 2015 Auckland Harbour Crossing. Starting at 7.30am, it was a 2.9km course across the Auckland Harbour finishing in the Viaduct. We had a team of 18 young and old taking part. Flynn was the fastest of the Roskill swimmers coming in at 42mins and Samantha was the fastest girl in our team, getting a Bronze medal for the 15yrs and under age group. We also had Alex at the age of 10, the youngest swimmer in the whole event, making the swim across with the help of our club President, Mike Oberdries, who swam with Alex the whole way. Congratulations to Daniel who won a spot prize for his efforts. It was a great day and a great effort from all swimmers young and old.



## 2015 Auckland Age Groups

Our team of 13 swimmers collected 14 Auckland medals at Auckland Age Groups on the 18th-20th December, finishing 6th overall team in Auckland. There were a lot of PB's after a big month of training.

**Day 1** got off to a good start with the team collecting 4 Auckland Medals with Ori getting Gold in the 50 Fly, Gemma getting Bronze in the 50 Fly, Flynn getting Bronze in the 100 Back and Stella finishing a late night with a Bronze in the 200 IM.

**Day 2** followed with another 6 Auckland Medals with Sam getting Bronze in the 100 Fly, Eddie getting Silver in the 100 Fly, Stella getting Bronze in the 100 Fly, Ori getting Gold in the 50 Free and Flynn finishing the morning off with Bronze in the 200 Back and one more medal going to Sam in the 400 IM.

**Day 3** got off to a good start with Jesse making a National time in the 100 Free, then we had Sam getting a Silver in the 200 Fly, Stella getting Bronze in the 100 Breaststroke and Silver in the 200 Breast and Flynn getting a Bronze in the 400 Free. Awesome results, well done to all swimmers.

# 2016 Anthony Mosse Classic

The AMC 2016 got off to a good start for the Roskill Swim Team. Sessions were long with 6hrs of warm up and timed finals, however we managed to pick up 6 medals on Day 1, 17 medals on Day 2 and another 11 on Day 3 bringing the total to 35 medals. A fantastic result for the team, well done to all athletes. We also had Dawn-Lee become a qualified starter, congratulations!



Day 1	Samantha	400IM		
	Stella	200 Breast		50 Fly
	Ori	50 Free		
	Jesse	200 Back		
	Flynn		400 Free	
Day 2	Alex			200 Back
	Stella	50 Breast		200 Back
	Bridget		50 Free	
	Jessica		50 Breast	50 Free
	Matthew S		100 Back	50 Fly
	Daniel	200 Breast		50 Fly
	Samantha	400 Free	100 Fly	
	Kiki			50 Breast
	Jesse		100 Back	
	Flynn	100 Back	400 IM	
	Tyler			100 Back
Day 3	Flynn		200 IM	
	Jesse		50 Back	
	Adam			50 Back, 100 Free
	Caitlyn		50 Back	
	Eddie			100 Breast
	Stella			100 Breast, 100 Free
	Samantha		200 Fly	
	Alex			100 Free
	Bridget		100 Free	
		<b>8 Gold</b>	<b>12 Silver</b>	<b>15 Bronze</b>

## Upcoming Club Events

It is going to be an action-packed fun time so get your diaries out and add these club dates:

Club Champs	1 April at West Wave
ROS Level 3 meet	7 May at Cameron
AGM and Prize-giving	13 May
ASL Junior League (grading round)	14 May at Cameron
ASL Junior League	28 May at Cameron
ASL Junior League	4 June at Cameron
ASL Junior League	18 June at Cameron
ROS Level 1 meet	11 June at West Wave
ASL Junior League (final)	2 July at Cameron
ROS Level 1 meet	3 Sept at West Wave
ROS Level 3 meet	16 Oct at Cameron

## Club Champs

1st April 2016

Club Champs is a chance for all our club swimmers, both competitive swimmers and multisport swimmers, to get together and race against each other. Come along and join in the fun ... more info to come soon.

## Club AGM and Prizegiving

13th May 2016 ...

A special event you will not want to miss. Come and celebrate the successes achieved by our swimmers over the season. We have lots to celebrate and we are going to do it in style this year! So get dressed up and put your dancing shoes on! Tickets will go on sale soon. This is an event for ALL club members AND their families. Join us for this family night of fun with your swim friends. More details to come.



## ASL 2016

ASL Junior League – YES we are bringing ASL Junior League back home to Cameron! We are very excited about co-hosting this event again with Central City on behalf of Auckland Swimming. It is a rewarding event to be hosting and so much fun to see the pool swarming with teams of kids from all around Auckland, many of whom have never raced before. Swimmers do not need to be registered to any club to compete so this is a good chance to get friends, schools, and other swim kids to form a team. This is an easy one to organise so if you wish to be part of the organising team or know of anyone who would like to enter a team (16 swimmers min) then get in touch with Kim.

# Committee News

## Club Meets:

Thank you to everyone who helped at the Level 2 meet we hosted at West Wave on the weekend. It was fantastic to see swimmers, parents and coaches all working together to ensure the meet ran smoothly. Great teamwork everyone!

Roskill have 4 more swim meets to host this year (see club events on page 4). We need all club members to help out with these meets, so please put them in your diary now. These meets are essential for the club to raise much needed funds which benefit all club members. They are also fun and a great opportunity to get to know other club members. If you have any questions about helping out and what is involved please talk to a committee member.

## More Officials Needed:

We currently have four parents training as IOTs (Inspector of Turns) and one as a trainee JOS (Judge of Stroke) – these parents are invaluable to us and are helping our club move in the right direction. Officials from IOT's upwards are in short supply within Auckland Swimming and we will not be in a position to run or attend meets without our dedicated parents who go on to become qualified at this level. We have also recently had a few parents signed-off as qualified timekeepers which is fantastic. Our goal is for parents to qualify as timekeepers within a short timeframe of a swimmer making it to Level 2. If you think you have done six timekeeping sessions or more at meets let us know that it is time for you to become qualified and we will sort it! Remember, for you to enter your swimmer into meets it is a requirement that you also assist at meets ... and it is way more fun being where the action is on pool deck, which you can only do if you are swimming, coaching or working as an official. Becoming an official is easy and we will help you with information and training so please take up the challenge to upskill!

## Fundraising:

We have two fundraising opportunities at the moment but we need help with organising them. As a club, we want to offer fundraising to our members, but our committee can't do it on their own. We would love to talk to you if this is something you would like to be involved with.

## NZ Age Group Championships:

Best wishes and good luck to our team attending this meet in April. The committee has been applying for grants to help towards costs for swimmers attending meets like this. We have successfully secured some funding to help this team with accommodation costs. Thank you to the Trustees of Trillian Trust who approved the grant and also to Kerry Tomlin who works hard applying for grants on behalf of the committee.





# Committee News

**Club Race Night:** Thursday 5th May - date to be confirmed

Term 2 will see Club Race Night return. It was encouraging last year to see swimmers from across all squads racing together at our two race nights, as well as pool deck bonding time for our parents. We do need parent involvement as the swimmers need to have times recorded, but we want to keep this a simple and fun night of club racing where all of our members can have a go and get to know each other even better.

## Committee Members Needed:

Can you spare a few of hours a month to help out our club committee? We are looking for several more parents to be part of our vision for the future of our club. No experience needed, just enthusiasm! Please contact us if you would like to be involved.

## Update on Cameron Pool:

We spoke this week with Davin Bray from Auckland Council. Davin is the 'Aquatic and Recreation Facilities Contract Manager'. Despite a few rumours to the contrary, Davin indicated that the maintenance works at Cameron Pools are still on schedule and we can still expect to return to Cameron in early to mid-April. We recognise that not being able to swim at our home pool has created a number of challenges, not least the extra effort swimmers and parents are having to put in to resolve the transport logistics associated with training at West Wave. The club would like to thank parents and swimmers for their perseverance, without your commitment this could have been a whole lot more difficult. Only one month to run now before we are able to return to a new and improved Cameron Pools.

## Adult Swimming Lessons

Did you know that our super-duper coach also has a learn-to-swim class for adults? This class is swum at Avondale Intermediate Pool on Sundays 12-1pm and is for any adult who wants to learn to swim and/or improve their technique. This class caters for everyone and only costs \$55 for the balance of Term 1. If this sounds like something for you then give Josh a call or text him on 021 02709778. Don't be shy, he isn't as scary as he looks!

# Director of Coaching Report

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Hi All,

It has been an awesome long summer and it's still going. We had a great camp at the start of the year to bring the group together, had a new experience with the Open Water Championships and then a fantastic AMC meet. Our Juniors also had a great meet at NZ Junior Nationals. Auckland Opens was a new experience for our swimmers at that level with the team collecting 4 medals and finishing 7th overall. Well done to Flynn Oberdries who was selected for the NZ Zonal Championships. Swimmers were selected for this meet from the upper North Island so this is a fantastic achievement, they even got some TV time on Sky!

I wish all swimmers the best in up coming meets, with 2 big ones: NZ Opens and National Age Groups. I'd also like to thank all families for their efforts this year with training at Avondale and West Wave and really making it work. This season is coming to an end and Zane and I will have some new and exciting things for the New Season. Don't forget to like us on Facebook, search SuperCity Aquatics. See you all pool side!!

Kind Regards

Joshua Munro

SuperCity Aquatics Director/Owner

Roskill Swim Club Head Coach

<http://www.swimroskill.co.nz>

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**Roskill Amateur Swimming  
and Life Saving Club (Inc)**



**Club Contacts:**

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**Committee Members:**

**Mike Oberdries—President**

**De-Anne Sills—Secretary**

**Danielle Brown—Treasurer**

**Kim Munro—Swim Meet Entries (Handicapper)**

**Jacque Martin**

**Sandra Hefford**