

Congratulations

Well done to Leo Chen, Daniel Kregting, Kennedy Tharp and Jean-Luc Tangiiti who have all recently qualified for Level 2.



USA Trip

As you will be aware, some of our competitive swimmers will be heading to Cincinnati in the US in the first two weeks of December 2016. The team will be billeted with the Powel Crosley Jr. YMCA Tigersharks and will also attend a couple of local swim meets. The team are currently fundraising to bring the cost down so keep an eye out for upcoming fundraising events and help support our team. If you would like to be part of this exciting event there is still time to join in, please contact De-Anne Sills for more info: secretary@swimroskill.co.nz



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Committee News

Club Meets

Roskill have 1 more swim meet to host this year: L3 on 16 October.

This meet will be run at the Cameron Pool and we need all club members to help out so please put this in your diary now. Hosting meets are an opportunity for the club to raise much needed funds which benefit all club members. It takes a lot of helpers to run a meet and we sincerely appreciate all offers of help. These meets are also a good opportunity to get experience at timekeeping and learn the role of IOT.



Congratulations to the following parents who have recently gained Officials qualifications.

Peter Kregting—Qualified Timekeeper

Wayne Kira—Qualified JOS

Karen Pennycook—Qualified IOT

Michael Oberdries—Qualified Timekeeper

Martyn Dunkley—Qualified Timekeeper

Health and Safety

The club is committed to ensuring the health and safety of all swimmers and workers involved in swimming with the club. For parents and swimmers, it is important that they follow instructions given to them by their coach and the lifeguards. Please also keep the following in mind:

- Follow the clubs code of conduct and any instructions given by the coach or lifeguards
- Parents and swimmers must enter the facility through the front door and present their Roskill Club card to reception
- Children aged 10 years and under must be escorted into the facility by an adult and 'handed over' to the care of their coaches. The facility operator requires all children aged 10 years and under to be actively supervised by an adult while in the facility
- Swimmers are not permitted to swim in the facility either before or after their training session
- Please ensure your child arrives to training with a water bottle to ensure they maintain proper hydration during training. Their coach will encourage drinking during training
- Children aged 15 years and under are not permitted in the gym without adult supervision
- Please remember to advise the coach of any changes to your child's health prior to them commencing exercise
- Advise either the coach or a lifeguard if you notice any hazards or experience a near miss incident while in the facility

We appreciate your support in keeping our children safe, please do not hesitate to contact your child's coach should you have any health and safety issues.

Committee News

Club Uniforms

Check out our new uniforms now available to order through our club website:

http://swimroskill.co.nz/Uniform_Order_Form.aspx

All swimmers should be wearing club uniform when representing our club at swim meets.



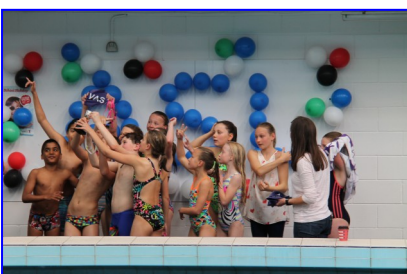
ASL 2017



As you know, we have been co-hosting the ASA League with Central City. The atmosphere at the pool was buzzing ... loads of fun for the teams of junior swimmers who came from all over Auckland along with their wonderfully noisy and enthusiastic supporters. ASL has been very popular again this year and we are currently in the process of sorting the finer details for the 2017 competition. This year we introduced Primary and Intermediate Schools League to the competition. We had such positive feedback from the teams/parents who turned up to league and it has been quite exciting to co-host this competition on behalf of Auckland Swimming. Swimmers can swim in Primary/Intermediate School League and Junior League teams.



So how can you help ... parents, we need you to get more young swimmers involved in this fun event. This is your chance to get a group of swimmers together from your child's school and take on the role of managing and coordinating a school team ... it's not difficult and we can guide you.



Swimmers do not need to be affiliated to a club nor be a competitive swimmer. Obviously this competition is for primary and intermediate aged school children and they need to be able to swim 25m freestyle. This is a fun competition that provides a pathway for new swimmers to get excited about swimming as a sport and hopefully more members into our club. Please contact us if you would like to be involved or want more information.

ROSKILL SWIM

Club Records

Our club records were recently updated. Congratulations to the following swimmers who now hold the club record in the following events:

Daniel Kregting	8 year old male 400m Free (SC)
Alex Dunkley	11 year old male 800m Free (SC)
Vienna Pahi-Samuels	12 year old female 800 Free (SC)
Samantha Martin	14 year old female 200m Fly (SC), 800m Free (LC)
Lucy Makaea	14 year old female 800m Free (SC), 15 year old female 50m Fly (SC), 100m Fly (SC), 50m Back (SC), 400IM(SC), 400m Free (SC), 800m Free (SC), 800m Free (LC), 1500m Free (SC)
Flynn Oberdries	15 year old male 1500m Free (SC) 16 year old male 1500m Free (LC)
Dan Munro	18 year old male 200IM (SC)

Coaching Report

The winter short course season is coming to an end finishing off with NZ Short Course Champs starting next week. Roskill has a team of 6 swimmers attending this event ...good luck to these swimmers.

Well done to our ASL team who finished 2nd in the Term 3 competition — great effort.

Training over the holidays is optional for those not going to Nationals, please make sure you check the holiday timetable for session times.

We have 2 new coaches helping out around pool deck, Flynn Oberdries and Bridget Sills who are both also swimmers in our senior squad.

We now have our USA trip plans under way and booked. We have 6 swimmers confirmed, this will be an awesome experience for them; training with another team and getting a chance to race yards.

There will be team meetings after the holidays, details will be sent out soon.

Enjoy your school holidays and rest up ready for the long course season.

I would also like to say thanks to all these that helped with ASL and our Level 3, great team effort.

Josh Munro, Head Coach
SuperCity Aquatics Director/Owner





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**Roskill Amateur Swimming
and Life Saving Club (Inc)**



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Committee Members:

Mike Oberdries—President
De-Anne Sills—Secretary
Danielle Brown—Treasurer
Kim Munro—Swim Meet Coordinator
(Handicapper)
Jacquie Martin—Swim Meet Entries
Sandra Hefford—Club Administrator
Wayne Kira
Martyn Dunkley
Peter Kregting

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